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# Genetic background of body reserves in laying hens through backfat thickness phenotyping

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## ABSTRACT

In this study, we pursued three primary objectives: firstly to test and validate the phenotyping of backfat thickness as an indicator of the overall fatness of laying hens; secondly, to estimate genetic parameters for this trait; thirdly, to study the phenotypic and genetic relationships between this trait and other traits related to production and body composition. To address these questions, hens from two lines under divergent selection for residual feed intake, were phenotyped for body weight, body composition traits (backfat, total fat volume, and blood adipokines levels), and egg number. Linear mixed models enabled to estimate variance components and calculate genetic parameters. The two lines largely differed in body fatness: the efficient line had larger backfat and lower chemerin levels compared to the inefficient line. However, there were no significant differences between the two lines concerning body weight, total fat volume, other blood adipokines levels (adiponectin, ghrelin, and visfatin), and egg production. The genetic parameter estimation revealed moderate heritability (0.38 and 0.42) for backfat and body weight, high heritability (higher than 0.80) for blood adipokines levels and low heritability (0.24 and 0.27) for egg production and total fat volume. The Backfat and total fat volume were genetically highly and positively correlated (0.91). The body weight and total fat volume were also highly positively correlated (0.67). However, backfat and body weight were moderately positively correlated (0.39). The genetic correlation between backfat and egg number was moderate and negative. In conclusion, backfat could provide additional genetic information to that of the body weight as a selection criterion for body reserves. However, its correlation with laying performance should be taken into account to avoid undesired responses to selection.

**Keywords:** body composition, body reserves, backfat thickness, ultrasonography, CT-scan, adipokines, genetic correlations, heritability, laying hens

35 One of the major challenges of the egg production sector is to extend the egg production period of  
36 laying hens, for ethical, environmental, and economical reasons (reviews: Bain *et al.* 2016; Preisinger 2018).  
37 Laying hens have been selected for laying criteria for more than 60 years, resulting in animals able to  
38 maintain profitable egg production from approximately 20 to 80 weeks of age. The priority of, at least  
39 European stakeholders, is now to extend the laying period to 100 weeks of age, with the aim of producing  
40 500 eggs per hen. This would further dilute the economic and environmental costs related to non-  
41 productive life periods (such as growth and laying pauses), and reduce the number of hens by decreasing  
42 the breeder stock.

43 The late-laying period, which goes beyond 80 weeks of age, remains relatively unexplored for what is our  
44 understanding of its physiology, nutrition, and genetics. The existing literature on this laying period is  
45 notably scarce, providing limited insights into these aspects, therefore, further research and investigation  
46 are warranted to enhance our knowledge in these areas. Egg production is a major nutrient expenditure  
47 for layers (energy, protein, calcium...) and about 25% of the gross energy intake goes to egg production  
48 (Larbier and Leclercq, 1992; Luiting, 1990). Excessive investment in egg production may lead to different  
49 metabolic diseases, and the longer the production cycle, the higher the risk. Risk factors mainly involve  
50 genetics, physiology, nutrition and management (Bain *et al.*, 2016). For instance, extending the laying  
51 period makes hens more likely to develop hepatic steatosis, a disease responsible for egg production drop  
52 and obese conditions (Bain *et al.*, 2016). Therefore, we need to monitor both egg production and fattening  
53 in laying hens, to select balanced hens that can ensure cost-effective egg production while maintaining  
54 optimal fatness.

55 The monitoring of egg production and the pedigree of laying hens has been facilitated by cage-rearing  
56 systems. In some regions of the world, cages are about to be banned and technical solutions are emerging  
57 for individual recording systems and relevant selection criteria for egg production in alternative systems  
58 (Bécot *et al.*, 2021). Regarding fatness in chicken, like in other species, the gold standard and most common  
59 method to determine body composition are lethal and destructive because it is either a dissection with  
60 adipose tissue weighing or a chemical analysis of the shredded body. This phenotyping method is  
61 unsatisfactory because it requires the euthanasia of the animal, which raises ethical and practical  
62 problems. Indeed, the animals can no longer be used for genetic selection, except as collateral information  
63 when using allometric sequential slaughter designs to evaluate both states and dynamics of body reserves.

64 Alternative and non-invasive methods are now available to determine body composition in various species  
65 (Lerch *et al.*, 2021; Staub *et al.*, 2019; Xavier *et al.*, 2022). In poultry, tomography has proven to be  
66 sufficiently accurate to be considered as a reference method for body composition, with phenotypic  
67 correlations above 0.80 in broilers (Cobo *et al.*, 2015; Mellouk *et al.*, 2018b). However, the routine use of  
68 tomography is difficult to implement on a large number of animals as it cannot easily be performed on the

69 farm and because it requires sedation of the animal, which is time-consuming and costly and not without  
70 risk for the animals. The methods relying on ultrasonography have been used effectively to assess body  
71 fatness in chickens. A specific region was identified on top of the *synsacrum* where subcutaneous adipose  
72 tissue thickness was highly correlated to chemical analyses of the shredded body ( $r=0.92$ ; Mellouk *et al.*  
73 2018), to the abdominal fat pad weight by dissection ( $r=0.86$ ; Mellouk *et al.* 2018) and the body fat volume  
74 estimated by tomography ( $r>0.84$ ; Mellouk *et al.* 2018; Grandhaye *et al.* 2019). So far, body fatness traits  
75 recorded by ultrasonography were all tested on broilers while no data are available on laying hens. Despite  
76 belonging to the same species (*Gallus gallus domesticus*), broilers and layers have been subjected to  
77 separate and intense genetic selection for over 60 years. As a result, they differ greatly in terms of growth  
78 rate and energy metabolisms. In addition, selection and phenotype recording target different physiological  
79 stages, focusing on young animals in broilers and adults in layers.  
80 As they age, layers tend to become fatter, and breeders aim to achieve a balanced target fat level: neither  
81 too thin nor too fat, to maintain sufficient body reserves in case of nutrient scarcity while avoiding  
82 unnecessary energy storage.  
83 Consequently, the present study aimed to achieve several objectives. Firstly, it sought to test and validate  
84 the phenotyping by ultrasounds of the subcutaneous adipose tissue thickness on top of the *synsacrum* as  
85 an accurate indicator of the overall fatness of the layer hen. Secondly, it aimed to estimate the heritability  
86 of this new trait in laying hens. Finally, it aimed to study the phenotypic and genetic correlations between  
87 this trait and other traits from the breeding goal of most of the lines of laying hens, in order to evaluate its  
88 potential as a selection criterion.

## 89 Methods

### 90 Laying hen population and rearing condition

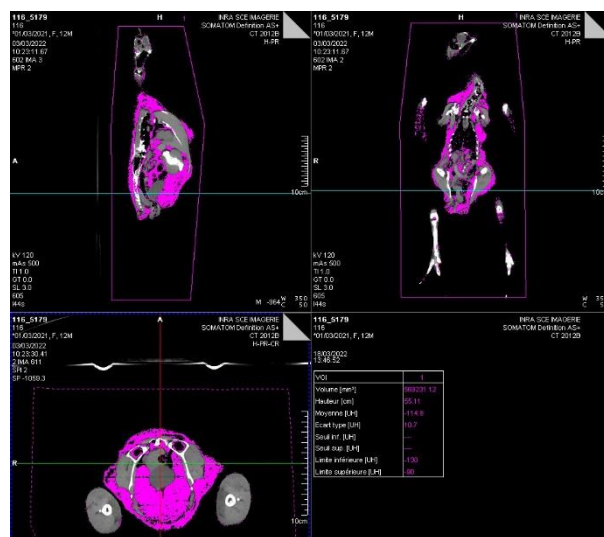
91 The laying hens used in this study belong to two experimental lines originating from the same Rhode  
92 Island Red population, divergently selected since 1976 on the residual feed intake, a trait for feed efficiency  
93 (Bordas *et al.*, 1992). These lines were chosen for this study because the selection process on RFI has also  
94 led to marked differences in carcass adiposity with the efficient line (R-) being fatter than the inefficient  
95 (R+) one, despite a reduced feed intake (El-Kazzi *et al.*, 1995). The RFI was estimated as defined in Byerly  
96 *et al.* (1980) and represents the difference between the observed feed intake and the expected one  
97 estimated based on known maintenance and production requirements.

98 In total, we used 394 animals, 215 from the R+ line and 179 from the R- line. There were 92 and 123 R+  
99 phenotyped in 2019 and 2021 (from 9 sires and 38 dams in 2019, and 10 sires and 42 dams in 2021), and  
100 75 and 104 R- in 2019 and 2021 (from 9 sires and 43 dams in 2019, and 9 sires and 41 dams in 2021). All  
101 animals were hatched in two batches at the INRAE Pôle d'Expérimentation Avicole de Tours (UE PEAT,  
102 Nouzilly, France ; <https://doi.org/10.15454/1.5572326250887292E12>). They were reared under standard  
103 farming conditions in floor pens until 17 weeks of age when 46 birds were euthanized for body composition

104 recording (23 pullets per line), by neck cut and bleeding, immediately after head electrical stunning. The  
 105 remaining animals were transferred to individual cages with a lighting regime set at 14 h of light per day,  
 106 temperature was maintained between 19 and 21°C, and the hens were fed *ad libitum* a commercial diet  
 107 (15.5% CP and 2,650 kcal of ME/kg) automatically distributed at 8:00 a.m. (Appendix 1). Egg production  
 108 was recorded daily up to 53 weeks of age, when the hens were euthanized as described above. Because of  
 109 the adaptation of the experimental facility to both the sanitary situation and lockdown policy caused by  
 110 the COVID-19 pandemic, only the body weight (named BodyWeight) and last backfat thickness were  
 111 recorded in birds from the batch 2019.

## 112 Phenotypes

### 113 Tomography as the Gold Standard for body composition



114  
 115 **Figure 1:** Example of CT-scan image visualizing the 3D axes (hen ID: PEA2021045179).  
 116 The pixels set between -130 and -90 HU and colored in pink to display the fatty components

117 The body composition of euthanized hens was determined immediately after euthanasia (within the hour  
 118 because *rigor mortis* occurs rapidly in chickens) with a CT scan (Siemens Somatom Definition AS, Siemens  
 119 Corp., Germany). During the scan, each hen was placed dorsally on the CT table. The X-ray source was set  
 120 at 120 kV and 500 mA/s. In humans, fat tissue typically displays Hounsfield Units (HU) ranging from -150 to  
 121 -50, although the exact limits do vary by individual and tissue type (Kim et al., 1999). To ensure these limits  
 122 align with laying hens, thresholds were estimated. Specifically, for all images, two discs of 10 mm<sup>2</sup> were  
 123 placed: one in the backfat tissue where the ultrasonography was done, and another in the abdominal fat  
 124 pad tissue. The minimum and maximum HU values were obtained for each disc. It is possible that non-fatty  
 125 components in the region, such as blood protein, were also captured. Therefore, the thresholds were set  
 126 at a 0.90 quantile for minimum values and a 0.10 quantile for maximum values. It resulted in a lower limit  
 127 of -130 HU and an upper limit of -90 HU, aligning with the updated range of -123 to -89 HU reported in a

128 recent study in humans (Pop and Mărușteri, 2023). The total volume of pixels within these bounds was  
129 used as the total volume of fat in the animal (example in Figure 1; trait named TotFat)

130 *In-vivo indicators for body energy reserves*



131  
132 **Figure 2:** Ultrasound scan panoramic image of the dorsal subcutaneous adipose tissue thickness  
133 above the *synsacrum*, an example of the same hen as in Figure 1 (hen ID: PEA2021045179)

134 Dorsal subcutaneous adipose tissue thickness (trait named BackFat in this study) was recorded using an  
135 ultrasound scanner (MyLab 30 Gold Vet, Hospimedi France, Saint-Crépin-Ibouwillers, France) equipped with  
136 a high-frequency linear probe (18 MHz; L435, Esaote S.P.A., Genova, Italy). In previous studies in broilers,  
137 a specific region was identified on top of the *synsacrum* as a good indicator of total fatness (Figure 2), based  
138 on high correlations with TotFat (Mellouk *et al.* 2018; Grandhayé *et al.* 2019). The BackFat was recorded  
139 according to the same protocol: the plumage was soaked with soapy water and then spread, ultrasound  
140 gel was applied in contact with the epithelium and the probe was put in contact with the gel. The entire  
141 recording process took about 1 min per hen and no feathers were plucked. BackFat was recorded 5 times  
142 at 129, 192, 218, 289, and 371 days of age. The BodyWeight was recorded together with BackFat.

143 *Blood Adipokines levels*

144 A first blood sample was collected from the wing vein at 17 weeks of age and a second blood sample  
145 was collected during the neck bleeding at the slaughter process, at 53 weeks of age. The difference in blood  
146 sampling is not expected to bias the results, but it is a limitation of the experimental design. Plasma was  
147 isolated from blood after centrifugation (5000 g for 10 min at 4°C) and then stored at -20°C. Consequently,  
148 all hens had two blood samples available to determine adipokines concentrations. The concentrations of  
149 four adipokines (visfatin, adiponectin, chemerin, and ghrelin) were determined in the plasma using  
150 chicken-specific ELISA kits as previously described (Barbe *et al.*, 2020; Mellouk *et al.*, 2018b). Briefly,  
151 MBS269004 (sensitivity 5 pg/mL), MBS016609 (sensitivity 0.1 µg/mL), MBS738819 (sensitivity 0.1 ng/mL),  
152 and MBS2700427 (sensitivity 0.05 ng/mL) were used for visfatin, adiponectin, chemerin, and ghrelin,

153 respectively (My BioSource, San Diego, USA). The experiment was performed following the manufacturer's  
 154 protocol with an intra-assay coefficient of variation  $\leq 8\%$ ,  $< 10\%$ ,  $< 5.6\%$ , and  $< 12\%$ , respectively. The  
 155 absorbance was measured at 450 nm and then compared with reference values. The traits are named after  
 156 the appropriated adipokines (visfatin, adiponectin, chemerin, and ghrelin).

157 *Egg production*

158 Egg production was recorded daily from the first egg laid until the end of the experiment (*i.e.* culling of the  
 159 flock; trait named TotEggNum).

160 **Statistical analyses**

161 *Models*

162 To calculate genetic parameters (correlations and heritabilities), variance components were estimated  
 163 using bivariate animal model analyses (Henderson, 1975). Commonly in bivariate analyses, both traits have  
 164 the same two variance strata, genetic and residual, or three strata, genetic, animal, and sampling. This  
 165 common model with two strata can be described as:

166 
$$\begin{bmatrix} \mathbf{y}_1 \\ \mathbf{y}_2 \end{bmatrix} = \begin{bmatrix} \mathbf{X}_1 & 0 \\ 0 & \mathbf{X}_2 \end{bmatrix} \begin{bmatrix} \mathbf{b}_1 \\ \mathbf{b}_2 \end{bmatrix} + \begin{bmatrix} \mathbf{Z}_1 & 0 \\ 0 & \mathbf{Z}_2 \end{bmatrix} \begin{bmatrix} \mathbf{u}_1 \\ \mathbf{u}_2 \end{bmatrix} + \begin{bmatrix} \mathbf{e}_1 \\ \mathbf{e}_2 \end{bmatrix}$$

167 where  $\mathbf{y}_1$  and  $\mathbf{y}_2$  are vectors of the observed values for the first and second trait respectively,  $\mathbf{X}_1$  and  $\mathbf{X}_2$   
 168 are design matrices for fixed effects and  $\mathbf{b}_1$  and  $\mathbf{b}_2$  are vectors of values for fixed effects (details at the end  
 169 of the section),  $\mathbf{Z}_1$  and  $\mathbf{Z}_2$  are design matrices for the additive genetic random effects and  $\mathbf{u}_1$  and  $\mathbf{u}_2$  are  
 170 vectors of breeding values, and  $\mathbf{e}_1$  and  $\mathbf{e}_2$  are vectors of residual values. The variance components are  
 171 fitted as 2x2 matrices of variances-covariances for each stratum:

172 
$$Var \begin{bmatrix} \mathbf{u}_1 \\ \mathbf{u}_2 \end{bmatrix} = \mathbf{G} \times \mathbf{A} \quad \text{where } \mathbf{G} = \begin{bmatrix} \sigma_{u1}^2 & \sigma_{u1u2} \\ \sigma_{u1u2} & \sigma_{u2}^2 \end{bmatrix} \text{ and } \mathbf{A} \text{ is the additive genetic relationship matrix}$$

173 
$$Var \begin{bmatrix} \mathbf{e}_1 \\ \mathbf{e}_2 \end{bmatrix} = \mathbf{R} \times \mathbf{I} \quad \text{where } \mathbf{R} = \begin{bmatrix} \sigma_{e1}^2 & \sigma_{e1e2} \\ \sigma_{e1e2} & \sigma_{e2}^2 \end{bmatrix} \text{ and } \mathbf{I} \text{ is the identity matrix}$$

174 For a bivariate analysis where both traits have three strata, the model can be described as:

175 
$$\begin{bmatrix} \mathbf{y}_1 \\ \mathbf{y}_2 \end{bmatrix} = \begin{bmatrix} \mathbf{X}_1 & 0 \\ 0 & \mathbf{X}_2 \end{bmatrix} \begin{bmatrix} \mathbf{b}_1 \\ \mathbf{b}_2 \end{bmatrix} + \begin{bmatrix} \mathbf{Z}_1 & 0 \\ 0 & \mathbf{Z}_2 \end{bmatrix} \begin{bmatrix} \mathbf{u}_1 \\ \mathbf{u}_2 \end{bmatrix} + \begin{bmatrix} \mathbf{Z}_1 & 0 \\ 0 & \mathbf{Z}_2 \end{bmatrix} \begin{bmatrix} \mathbf{pe}_1 \\ \mathbf{pe}_2 \end{bmatrix} + \begin{bmatrix} \mathbf{Z}_1 & 0 \\ 0 & \mathbf{Z}_2 \end{bmatrix} \begin{bmatrix} \mathbf{samp}_1 \\ \mathbf{samp}_2 \end{bmatrix}$$

176 where fixed effects are the same as for the former model, variance components are fitted as 2x2 matrices  
 177 for the genetic strata and the remaining variance is decomposed into an animal (non-genetic) stratum and  
 178 a sampling stratum defined as:

179 
$$Var \begin{bmatrix} \mathbf{u}_1 \\ \mathbf{u}_2 \end{bmatrix} = \mathbf{G} \times \mathbf{A} \quad \text{where } \mathbf{G} = \begin{bmatrix} \sigma_{u1}^2 & \sigma_{u1u2} \\ \sigma_{u1u2} & \sigma_{u2}^2 \end{bmatrix} \text{ and } \mathbf{A} \text{ is the additive genetic relationship matrix}$$

180  $Var \begin{bmatrix} \mathbf{pe}_1 \\ \mathbf{pe}_2 \end{bmatrix} = \mathbf{P} \times \mathbf{I}$  where  $\mathbf{P} = \begin{bmatrix} \sigma_{pe1}^2 & \sigma_{pe1pe2} \\ \sigma_{pe1pe2} & \sigma_{pe2}^2 \end{bmatrix}$  and  $\mathbf{I}$  is the identity matrix

181  $Var \begin{bmatrix} \mathbf{samp}_1 \\ \mathbf{samp}_2 \end{bmatrix} = \mathbf{S} \times \mathbf{I}$  where  $\mathbf{S} = \begin{bmatrix} \sigma_{samp1}^2 & \sigma_{samp1samp2} \\ \sigma_{samp1samp2} & \sigma_{samp2}^2 \end{bmatrix}$  and  $\mathbf{I}$  is the identity matrix

182 However, when one trait has two strata ( $\mathbf{y}_1$  say) and the other has three strata ( $\mathbf{y}_2$  say), the direct product  
183 variance structure breaks down;  $\sigma_{e1}^2(\sigma_{e1e2})$  cannot be partitioned into  $\sigma_{pe1}^2 + \sigma_{samp1}^2(\sigma_{pe1pe2} +$   
184  $\sigma_{samp1samp2})$ . We can estimate four (three different) parameters:

185 
$$\sigma_{e1e2}^* = \sigma_{pe1pe2} + \sigma_{samp1samp2}$$

186 
$$\sigma_{e1}^{2*} = \sigma_{e1}^2 - \sigma_{e1e2}^* = \sigma_{pe1}^2 + \sigma_{samp1}^2 - \sigma_{samp1samp2}$$

187 
$$\sigma_{pe2}^{2*} = \sigma_{pe2}^2 - \sigma_{pe1pe2}$$

188 
$$\sigma_{samp2}^{2*} = \sigma_{samp2}^2 - \sigma_{samp1samp2}$$

189 The phenotypic variance components are then given by:

190 
$$\sigma_{total1}^2 = \sigma_{u1}^2 + \sigma_{e1}^{2*} + \sigma_{e1e2}^*$$

191 
$$\sigma_{total1total2} = \sigma_{u1u2} + \sigma_{e1e2}^*$$

192 
$$\sigma_{total2}^2 = \sigma_{u2}^2 + \sigma_{pe2}^{2*} + \sigma_{samp2}^{2*} + \sigma_{e1e2}^*$$

193 The variance components were estimated using the average-information restricted maximum likelihood  
194 method (AI-REML algorithm; Gilmour et al., 1995). Reported **heritability estimates** are means calculated  
195 with all bivariate analyses. **Genetic parameters were considered low between 0.00 and 0.25, moderate**  
196 **between 0.25 and 0.50, and high above 0.50.** The fixed effects in the model include the genetic line to  
197 account for their mean differences (levels: R+ or R-), the effect of the batch (levels: 2019 or 2021) and the  
198 regression coefficient for the time of recording for the repeated trait. The genetic line was not used to  
199 stratify the random effects because preliminary analyses indicated that the variance components were  
200 similar in both lines. See the provided scripts "BEDERE\_2023\_ASREMLScript\_bivariate\_2x2strata.as",  
201 "[...]3x3strata.as", and "[...]3x2strata.as" for details.

## 202 *Bartlett's test*

203 Descriptive statistics of the data suggested a bimodal distribution of BackFat **in both lines**. This type of  
204 distribution may highlight the presence of a major gene controlling the trait. A simple test to detect a major  
205 gene effect on a trait is to test the homogeneity of the variances between families (Le Roy and Elsen, 1992).  
206 A Bartlett test was performed to test this hypothesis, using the sire as the family identifier (Bartlett, 1937).  
207 See the provided script "BEDERE\_2023\_RScript\_BartlettTest.R" for details.

## 208 *Programs used*

209 Data handling, graphs, and the Bartlett test were performed in base R (R Core Team, 2023). Variance  
210 components and genetic parameters estimations were performed with ASReml 4.2 (Gilmour et al., 2021).



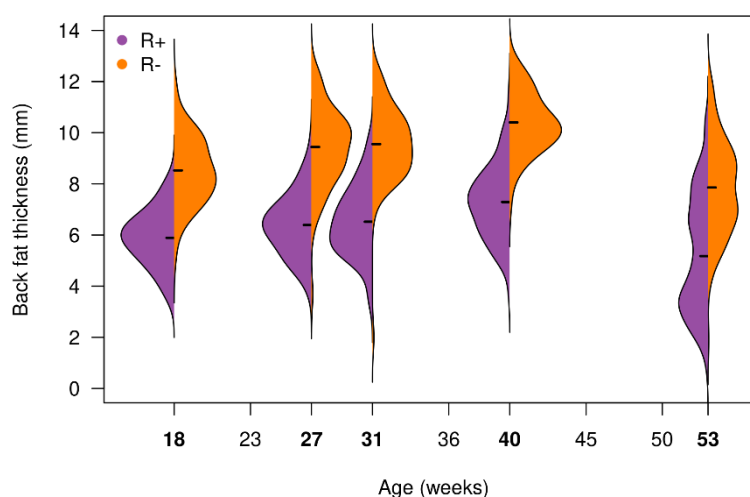
211 **Table 1:** Summary statistics for traits related to body composition (TotFat, BackFat, and BodyWeight), blood adipokines levels (Adiponectine, Chemerin,  
 212 Ghrelin, and Visfatin), and egg production (TotEggNum) in two lines divergently selected for residual feed intake (efficient: R-, inefficient: R+).

Trait <sup>1</sup>	TotFat (mm <sup>3</sup> )	BackFat (mm)	BodyWeight (g)	Adiponectin (µg/ml)	Chemerin (ng/ml)	Ghrelin (ng/ml)	Visfatin (ng/ml)	TotEggNum (count)
<i>Summary statistics of observed values</i>								
<b>number of records</b>	111	580	771	233	233	233	233	192
<b>mean</b>	<b>540,367</b>	<b>6.1</b>	<b>2,339</b>	<b>2.4</b>	<b>39.5</b>	<b>57.0</b>	<b>58.0</b>	<b>158</b>
<b>R+</b> <b>standard deviation</b>	167,107	1.8	323	0.4	15.9	12.1	6.6	43
<b>minimum</b>	114,366	0.6	1,524	1.1	26.0	32.0	43.0	1
<b>maximum</b>	955,873	11.5	3,234	3.2	78.0	88.0	75.0	218
<b>number of records</b>	86	460	611	191	190	190	189	155
<b>mean</b>	<b>633,050</b>	<b>8.9</b>	<b>2,304</b>	<b>2.0</b>	<b>27.5</b>	<b>60.3</b>	<b>59.2</b>	<b>150</b>
<b>R-</b> <b>standard deviation</b>	141,608	1.8	351	0.4	11.9	14.3	6.2	56
<b>minimum</b>	380,231	1.9	1,375	1.0	3.0	34.0	43.0	0
<b>maximum</b>	1,087,374	12.7	3,465	3.2	68.0	112.0	74.0	194
<i>Fixed effect of the genetic line estimated by the mixed models (R+ compared to R-)</i>								
<b>Estimated effect</b>	-80,028	-3.1	23	0.3	12.1	-2.6	-1.8	-4
<b>P-value</b>	0.23	<.001	0.82	0.40	<.001	0.84	0.74	0.82

213 <sup>1</sup>The traits are named after their phenotypes: BackFat for dorsal subcutaneous adipose tissue thickness, BodyWeight for body weight, TotFat for the total volume of  
 214 pixels of fat components, then the blood Adipokines levels named after the appropriate adipokine, and TotEggNum for the total number of eggs laid.  
 215

217 **Phenotypic description of the divergent lines**

218 The two lines used, diverging for RFI, were very different regarding BackFat and chemerin blood  
 219 concentration (Table 1, Figure 3): the R- line had a larger BackFat (+34%) and lower chemerin levels (-31%)  
 220 than the R+ line. However, the lines were not significantly different regarding TotFat, BodyWeight,  
 221 Adiponectin, Ghrelin, Visfatin, and TotEggNum. For the P-value for TotFat which is 0.23, given the  
 222 difference in mean and the variance, there may be some lack of power in the analysis due to the fact that  
 223 the tomography could be performed on one batch only. Previous studies about these lines reported that  
 224 the R+ line (inefficient ones) has a higher feed intake, higher diet-induced thermogenesis and different  
 225 endocrine responses, resulting in different lipid metabolism between the lines (Gabarrou et al., 2000, 1998,  
 226 1997; Swennen et al., 2007) which could explain the observed differences in adiposity between lines.  
 227 Interestingly, in pigs, the selection on residual feed intake was also associated with a difference in BackFat  
 228 with the efficient line being fatter, although the magnitude of difference was smaller (Gilbert et al., 2017).  
 229 The results on fat content observed in our study corroborate previous results about the R+ and R- lines,  
 230 with the R+ being leaner than the R-. However, contrary to our expectation, no differences were observed  
 231 in the blood level of adiponectin and ghrelin, which are hormones associated with feed intake acting as  
 232 appetite-regulating signals (Mellouk et al., 2018a).



233

234 **Figure 3:** Distribution of the raw values for BackFat according to age in both lines. R+ are in purple on the  
 235 left side of the beanplot, R- are in orange on the right side of the beanplot. The dash is the mean for each  
 236 level.

237 **BackFat thickness is an indicator of body reserves**

238 BackFat and TotFat were genetically highly positively correlated, and phenotypically moderately  
 239 positively correlated (Table 2). Previous studies reported a high phenotypic correlation between BackFat  
 240 and TotFat in chicken ( $r > 0.84$ ; Mellouk *et al.* 2018; Grandhaye *et al.* 2019) but neither heritability, nor

241 phenotypic and genetic correlations with other traits of interest were calculated. The lower phenotypic  
 242 correlation reported in Table 2 takes into account the effects of the model, which can influence the  
 243 correlation estimate (genetic line, the batch, the repetition of recording, and the genetic and permanent  
 244 environment variances). When we repeated the estimation using the same approach (i.e. Personal  
 245 correlation using raw data; Mellouk *et al.* 2018; Grandhaye *et al.* 2019), we obtain a correlation value of  
 246 0.71 (0.77 in R+ and 0.60 in R-), which is consistent with the findings previously published.

247 The BodyWeight and TotFat were also highly positively correlated. However, BackFat and BodyWeight  
 248 were moderately positively correlated. The overall results show that BackFat is a good indicator of fatness  
 249 in adult layers, consistent with previous findings in young broilers, where it exhibited a high phenotypic  
 250 correlation with the fat fraction from chemical analyses of the shredded body ( $r=0.92$ ) and the abdominal  
 251 fat pad weight obtained by dissection ( $r=0.86$ ; Mellouk *et al.* 2018). Given the genetic correlations between  
 252 BackFat, TotFat, and BodyWeight, we can conclude that BackFat and BodyWeight hold different  
 253 information related to fatness in chickens. Compared to TotFat, BackFat offers notable advantages as an  
 254 easy-to-record trait: it is fast to record, does not require the animal to be asleep, and can be done with a  
 255 portable machine. Our results combined with these technical aspects, make BackFat a very good indicator  
 256 trait of fatness in chicken.

257 **Table 2:** Mean heritability estimates (in diagonal together with their associated **me**, standard errors),  
 258 genetic correlation estimates (below the diagonal together with their associated **standard errors**), and  
 259 phenotypic correlations (above the diagonal with their associated **standard errors**) for traits related to  
 260 body composition (TotFat, BackFat, and BodyWeight), blood adipokine levels (Adiponectin,  
 261 Chemerin, Ghrelin, and Visfatin), and egg production (TotEggNum) in two lines divergently selected  
 262 for residual feed intake (efficient: R-, inefficient: R+).

	TotFat	BackFat	BodyWeight	Adiponectin	Ghrelin	Visfatin	TotEggNum
TotFat	<b>0.27</b> ( <b>0.04</b> )	0.39 (0.04)	0.54 (0.04)	-0.24 (0.06)	-0.32 (0.06)	-0.06 (0.07)	-0.01 (0.09)
BackFat	0.91 (0.13)	<b>0.38</b> ( <b>0.06</b> )	0.31 (0.04)	-0.18 (0.08)	-0.23 (0.07)	-0.07 (0.06)	-0.01 (0.06)
BodyWeight	0.67 (0.16)	0.39 (0.12)	<b>0.42</b> ( <b>0.08</b> )	-0.24 (0.07)	-0.28 (0.07)	-0.08 (0.07)	-0.17 (0.05)
Adiponectin	-0.37 (0.15)	-0.28 (0.22)	-0.42 (0.18)	<b>0.92</b> ( <b>0.02</b> )	0.39 (0.05)	-0.03 (0.06)	0.01 (0.08)
Ghrelin	-0.80 (0.16)	-0.44 (0.20)	-0.39 (0.18)	0.41 (0.06)	<b>0.91</b> ( <b>0.02</b> )	0.17 (0.06)	0.11 (0.08)
Visfatin	-0.32 (0.19)	-0.19 (0.13)	-0.26 (0.21)	-0.05 (0.07)	0.18 (0.07)	<b>0.80</b> ( <b>0.03</b> )	0.27 (0.06)
TotEggNum	-0.49 (0.34)	-0.34 (0.32)	-0.82 (0.19)	0.02 (0.16)	0.20 (0.20)	0.36 (0.15)	<b>0.24</b> ( <b>0.05</b> )

### 263 Genetic background of BackFat thickness

264 BackFat displayed a moderate heritability (Table 2). The distribution of the values for BackFat in both  
 265 lines displayed a large variance, with apparently two modes, which seems to become exacerbated with  
 266 time (Figure 3). The sire-family variances were heterogeneous according to the Bartlett test

267 (P-value=0.008). Both the multimodal distribution and the heterogeneity of sire-family variance are  
268 evidence of a major gene effect (Le Roy and Elsen, 1992).

269 In quails, a study reported a low heritability of 0.17 for fat skin percentage (recorded as the fat content  
270 of the shredded skin) as an indicator similar to BackFat (Lotfi et al., 2011). In pigs, BackFat displayed a high  
271 heritability (from 0.63 to 0.72; Cai et al., 2008; Gilbert et al., 2007; Suzuki et al., 2005) while in cattle,  
272 BackFat presented moderate ones (from 0.36 to 0.59; Arnold et al., 1991; Nkrumah et al., 2007; Schenkel  
273 et al., 2004). Many quantitative trait loci (QTL) associated with fatness in chickens are reported: there are  
274 129 QTL listed in chickenQTLdb (<https://www.animalgenome.org/QTLdb/chicken/>) from 69 scientific  
275 articles. Some genes are known to be involved in lipogenesis and differently expressed in lean and fat  
276 broilers (Bourneuf et al., 2006; Resnyk et al., 2017). Yet, major genes for BackFat were not explicitly  
277 identified, further analyses including segregation analyses and genome-wide association studies  
278 accounting for dominant effects would help to identify them.

### 279 **Genetic background of other traits related to fatness**

280 Moderate heritabilities were observed for TotFat and BodyWeight (Table 2), with the latter **aligning**  
281 with previous studies reporting estimates ranging from 0.32 to 0.53 (Rowland et al., 2019; Wolc et al., 2011,  
282 2009). Heritability in the R+ and R- lines may have changed a little because estimates for BodyWeight were  
283 reported to be 0.56 and 0.61 in females and males respectively in the 15 first generations (Tixier-boichard  
284 et al., 1995). Carcass percentage of fat displayed a moderate heritability in other studies using other  
285 chicken lines (0.43 to 0.55; Moreira et al., 2018; Nunes et al., 2011).

286 The chosen adipokines in this study are known to be indicators of body reserve status and dynamics  
287 (review: Mellouk et al., 2018a). Adiponectin is used as an indicator of energy deficit: the leaner the bird the  
288 higher the level of adiponectin. Chemerin is used as an indicator of body lipid mobilization: the lower the  
289 abdominal fat pad, the higher the level of chemerin. Ghrelin is used as an indicator of general body reserves  
290 accretion: it is known to stimulate intake and growth hormone release. Visfatin is acting like a myokine in  
291 birds (Krzysik-Walker et al., 2008) and it is used as an indicator of lean body reserve status compared to  
292 body lipid reserves. The genetic background, particularly the genes coding for these proteins are well  
293 described. All adipokines except chemerin displayed very high heritability (Table 2). This indicates that  
294 genetics is the primary source of phenotypic variation, and that environmental fluctuations have minimal  
295 **influence** in our setup, where hens are housed in individual cages and fed *ad libitum*. **We observed a**  
296 **significant increase in blood levels of adiponectin (P < 0.001) and visfatin (P = 0.007), a significant decrease**  
297 **in chemerin (P < 0.001), and no significant change in ghrelin (P = 0.14) between 17 and 53 weeks of age. It**  
298 **has been reported in turkeys that plasma levels of adiponectin, chemerin, and visfatin decrease during the**  
299 **laying period (Diot et al., 2015). A kinetic experimental design would be required to further investigate the**  
300 **effect of physiological stage on blood levels of adipokines. Blood adipokine levels are also known to vary**  
301 **with dietary intake and composition in broilers (Mellouk et al., 2018a, 2018b), but these were similar**

302 **between hens in our experimental setup.** Genetic parameters for chemerin could not be estimated because  
303 the estimated additive genetic variance was too close to the zero boundary. This means that almost none  
304 of the observed variance is due to genetics, despite a phenotypic coefficient of variation close to 40%. We  
305 hypothesize that there may be a single haplotype per line in the population, explaining why there is no  
306 genetic variance observed despite a significant difference in mean between the lines. Consequently, no  
307 genetic correlation with other traits could be estimated (explaining why chemerin is not in Table 2).  
308 Adiponectin displayed a moderate and positive genetic correlation with Ghrelin, no correlation with  
309 Visfatin and TotEggNum, and moderate and negative genetic correlations with TotFat, BackFat, and  
310 BodyWeight. This is consistent with its role in chicken: increased blood level of adiponectine is associated  
311 with decreased lipid deposition, decreased body weight and increased feed intake (Mellouk et al., 2018a).  
312 Ghrelin displayed low and positive genetic correlations with Visfatin and TotEggNum, moderate and  
313 negative genetic correlations with BackFat and BodyWeight, and a high and negative genetic correlation  
314 with TotFat. This is consistent with its role in chicken: increased blood level of ghrelin is associated with  
315 decreased feed intake and increased lipolysis (Murugesan and Nidamanuri, 2022). These correlations  
316 further support BackFat as a good indicator trait for fatness and energy reserves in chickens. Chemerin  
317 levels were significantly higher in the R+ line, which is consistent with the fact that it is associated with  
318 lower body fatness (Mellouk et al., 2018a). Visfatin displayed a low and positive genetic correlation with  
319 TotEggNum, and low-to-moderate and negative genetic correlations with TotFat, BackFat, and  
320 BodyWeight. We were expecting a lower genetic correlation between visfatin and fat-related traits given  
321 its biological function: visfatin is acting like a myokine in chicken (Krzysik-Walker et al., 2008). Increased  
322 blood levels of visfatin are associated with increased feed intake and body weight (lean part; Mellouk et  
323 al., 2018a). It is important to note the high standard errors reported for genetic correlations between  
324 adipokines and other traits, pinpointing they could gain from additional data.

### 325 **Tradeoff between body reserves and egg production**

326 **The** TotEggNum displayed a moderate heritability (Table 2). This phenotype is capturing two distinct  
327 biological processes: puberty (age at first laying) and laying rate. Total egg number displayed a low  
328 heritability in other studies (from 0.01 to 0.20; Bedere et al., 2022; Liu et al., 2019; Wolc et al., 2011a), but  
329 in most papers the early period (before 25 weeks of age) is skipped to start recording after the laying peak.  
330 Again, the same trait in the first 15 generations was reported to be more heritable ( $h^2 = 0.48$ ; Tixier-  
331 boichard et al., 1995).

332 **The** genetic correlation **of TotEggNum** was moderate and negative with BackFat, and high and negative  
333 with BodyWeight (Table 2). **These correlations suggest a tradeoff between body reserves and egg**  
334 **production in some populations. The genetic correlation between TotEggNum and BodyWeight was higher**  
335 **(-0.82) than that with TotFat (-0.49) or BackFat(-0.34). This means that the genetic share between**  
336 **TotEggNum and BodyWeight is stronger than with TotFat or BackFat. We hypothesize that this could be**

337 explained by a larger tradeoff, possibly including energy, minerals and protein, whereas the tradeoff  
338 between egg production and fatness would be limited to energy resources. The BodyWeight is partly  
339 composed of fat, consistent with the share of their genetic architecture, as indicated by the moderate-to-  
340 high and positive genetic correlations between BackFat or TotFat and BodyWeight. The few studies  
341 mentioning genetic correlations between egg production and body weight reported moderate and  
342 negative correlations (-0.29 to -0.42; Yoo et al., 1988) or no correlation (Wolc et al., 2011b). The very high  
343 value estimated in our study may be a specificity of the R+ and R- lines, which is an unusual population for  
344 the egg industry. Both the size and fatness are optimum-based breeding goals: a targeted neither too big  
345 nor too small size and fatness are desired, whereas egg production is mostly maximized. This means that  
346 the selection index must consider these genetic correlations to combine selection criteria such as  
347 TotEggNum, BackFat, and BodyWeight to breed multi-performing laying hens. In fact, if similar genetic  
348 correlations were found in commercial lines, including BackFat in the selection index would allow avoiding  
349 the indirect response of fatness to selection on egg production. Breeding companies may be interested in  
350 stabilizing fatness in chickens to avoid health, welfare and performance problems due to metabolic  
351 disorders associated with extreme conditions: leanness and obesity (Baéza and Le Bihan-Duval, 2013; Bain  
352 et al., 2016).

353

## Conclusion

354 To conclude, this study showed, on two Rhode Island lines diverging for feed efficiency differing also in  
355 fat content, that backfat thickness is a potentially accurate indicator of the overall fatness of laying hens.  
356 Backfat thickness can be recorded repeatedly during the production cycle, creating opportunities to better  
357 understand body reserve dynamics in chickens. In addition, backfat thickness displayed a moderate  
358 heritability, implying that there is room for genetic improvement, probably canalization around an  
359 optimum to be defined. Both the bimodal distribution of the trait and the heterogeneity of the variances  
360 between families are signs of the presence of a major gene segregating backfat thickness in the population.  
361 The genetic correlation with body weight was moderate, implying that backfat holds complementary  
362 genetic information about fatness that is currently not considered in breeding programs including body  
363 weight in their breeding goal. Finally, the genetic correlation with egg production was moderate and  
364 unfavorable. This correlation should be taken into account to avoid undesired responses to selection. It is  
365 important to keep in mind that all the reported results are based on particular genetic lines, divergently  
366 selected since 1976 on the residual feed intake. They need to be confirmed on regular commercial genetic  
367 lines to consider backfat thickness in the breeding goal.  
368

CRediT (Contributor Roles Taxonomy, <https://credit.niso.org/>)

Initials <sup>1</sup>	NB	JD	YB	CS	DG	FE	PLR	TZ	BR	FL	CR	MCI	MD	MCh	LG	AG
Conceptualization	✓	✓		✓	✓		✓	✓		✓						
Data curation	✓															
Formal Analysis	✓															
Funding acquisition	✓															
Investigation	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	
Methodology	✓															
Project administration	✓															
Resources		✓	✓	✓	✓	✓										
Software																✓
Supervision	✓	✓		✓	✓		✓	✓								
Validation		✓	✓	✓	✓	✓	✓	✓								✓
Visualization	✓			✓		✓										
Writing – original draft	✓															
Writing – review & editing	✓	✓		✓			✓	✓								✓

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380

## Ethics statement regarding animals

381 All data coming from living animals were recorded as part of the breeding program of INRAE Poultry  
382 experimental facility (UE PEAT, Nouzilly, France ; <https://doi.org/10.15454/1.5572326250887292E12>)  
383 conducted in compliance the French Ministry of higher education, research and innovation authorization  
384 (number agreement 02414.01). The traits involved are egg number, body weight, and backfat thickness.  
385 The other traits were recorded *post-mortem*, after the animals were euthanized in compliance with  
386 national regulations pertaining to livestock production and according to procedures approved by the  
387 French Veterinary Services. The traits involved are body composition by tomography, blood adipokines  
388 concentrations, and carcass traits (*e.g.* abdominal fat pad weight).

389

## Data, scripts, code, and supplementary information availability

390 Data are available online: [link forthcoming upon acceptance](#)

391 Scripts and code are available online: [link forthcoming upon acceptance](#)

392

## Conflict of interest disclosure

393 The authors declare that they comply with the PCI rule of having no financial conflicts of interest  
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## Appendix

### 577 **Appendix 1: Diet composition (AVRIL NUTRITION ANIMALE, Bruz, France)**

578 **Ingredients:** wheat, soybean meal, corn, sodium carbonate, dried and soluble corn distillers grains, barley,  
579 monocalcium phosphate, sodium chloride, soybean oil, soybeans, wheat bran, rapeseed meal.

580

581 **Additional feedstuff:** vitamins (A: 10 000 UI/kg, D3: 3 000 UI/kg, E: 21 UI/kg), oligoelements (iron sulfate:  
582 50.3 mg/kg, anhydrous calcium iodate: 1.5 mg/kg, copper sulfate: 10 mg/kg, manganese oxide II: 50 mg/kg,  
583 hydrated glycine manganese chelate 30 mg/kg, zinc oxide: 50 mg/kg, hydrated glycine zinc chelate  
584 30 mg/kg, sodium selenite: 0.3 mg/kg), amino-acids (L-lysine sulfate: 545 mg/kg), digestibility enhancer  
585 (endo-1.4-beta-xylanase: 560 TXU/kg, endo-1.4-beta-glucanase: 250 TGU/kg, 3-phytase: 5000 FTU/kg)  
586 other (lutein extract: 6.0 mg/kg, carotenoids: 4.6 mg/kg, canthaxanthine: 2.0 mg/kg), grappeseed dried  
587 extract, organic acids).

588

589 **Proximate analyses:** 17.3% protein, 3.2% cellulose, 2.3% fat, 13.0% ashes, 0.9% Lysine, 0.4% Methionine,  
590 3.9% calcium, 0.1% sodium, 0.4% phosphorus.